

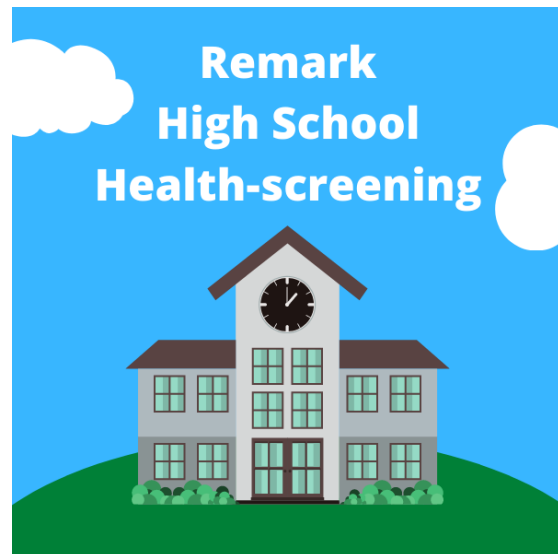
# How to Screen Your Child for COVID-19 Symptoms

*As parents and caregivers, we're always mindful of how our children are feeling before they go to school. But this year we'll have to pay more attention than ever to do our part to minimize the spread of COVID-19.*

## Symptom Checklist

Follow this checklist at home each day to screen your child for symptoms before leaving for school:

- |  |  |
|--|--|
| <input type="radio"/> Fever (100F or higher).                      | <input type="radio"/> Muscle or body aches.  |
| <input type="radio"/> Cough.                                       | <input type="radio"/> Nausea, vomiting, or diarrhea.                                     |
| <input type="radio"/> Difficulty breathing or shortness of breath. | <input type="radio"/> Fatigue in combination with any other symptoms.                    |
| <input type="radio"/> Loss of taste or smell.                      | <input type="radio"/> Nasal congestion or runny nose in combination with other symptoms. |
| <input type="radio"/> Sore throat.                                 | <input type="radio"/> Headache in combination with any other symptoms.                   |



## Back to School!

- Give yourself plenty of time to get through the screening checklist before you leave, so no one feels rushed.
- Use the same thermometer on the same spot each day for consistency.



All students are required to have their temperature taken & complete the self-monitoring questions daily to screen for any signs of COVID-19 before leaving home **-every day**. All symptomatic individuals, **even those with mild symptoms**, must stay home.



**Parents are to seek further guidance from their primary care physician immediately if your child is exhibiting COVID-19 symptoms.**

### Your child should not return to school if:

- They are experiencing any of the symptoms listed above
- They are taking medications to reduce fever.
- They have known exposure or close contact\* with an infected person



\*Exposure or close contact includes living in the same household, being within 6 feet of the person for 15 minutes or longer, or being in direct contact (e.g. coughing and sneezing in close proximity to others, kissing, sharing utensils, etc.)